

Patient Worksheet
ARTHRITIS



These questions are designed to help you with common questions to ask your doctor. We have left space after each question so you have room to jot down answers and information from your doctor.

1. How did I get arthritis? Is it just inevitable with getting older?

2. I've heard about osteoarthritis and rheumatoid arthritis. What's the difference in these two types?

3. Can you cure my pain so it goes away permanently?

4. What can be done about arthritis aches and pains?

5. What treatment do you recommend?

6. Do you have other patients who have gone through the treatment you recommend, and how are they doing?
