

BULGING DISCS



These questions are designed to help you with common questions to ask your doctor. We have left space after each question so you have room to jot down answers and information from your doctor.

1. What causes a bulging disc and the pain it is creating?

2. Can a bulging disc heal itself?

3. Can you cure my pain so it goes away permanently?

4. What are my treatment options?

5. What treatment do you recommend?

6. Do you have other patients who have gone through the treatment you recommend, and how are they doing?
